## Motivation, Ruiz's grit propel Tigers

Fifth-place tie helps Urbana advance; Central, Centennial sectional bound

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CHARLESTON — Greg Johnson struggled to contain his glee. Not that it really mattered.

The Class AA cross-country regional is made for teams like Johnson's Urbana byys' squad. They arrived Saturday at the Eastern Illinois campus on the edge of the picture: Five of the 10 teams in the race advance to next Saturlay's Centralia Sectional. Centennial and Champaign Cen-CLASS AA

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tral were locks. Nahomet-Seymour and Charleton figured to advance. That left one spot forseveral ams of similar stiength,

teams of including Urbana

The edge could have one to Mount Zion, whose Josh Vakeman and Blaise Carie finshed 1-2 Saturday. Or it mighthave gone to Decatur Eisenhower, which finished 30 points in front of Urbana at last week's Big 12 Conference meet.
The Tigers, though,

moned whatever reserves they oossessed and managed to tie Mount Zion for the ifth spot, three points ahead of Eisenhower. Per HSA rules, both Urbana and Mount Zion

dvance to the sectional.

"The guys really wanted this," Johnson said. They were more loose and ready to run than any eam I've coached."

Johnson played a role. For four of the class eriods Thursday — and seven of the eight perids Friday — Johnson sent notes to the class-noms of each of his runners. Written on them

ere motivational messages.

The result?

"Four of our top five guys set (personal ecords)," Johnson said.

And then there's the case of Emilio Ruiz, who dn't compete at the Big 12 meet. He finished of Saturday, third on the team behind 19thace Patrick McCall and 24th-place Lance greatt ggett.

It deserves mentioning Ruiz was running with

It deserves mentioning Ruiz was running with pinched nerve in his hip.
"He decided to run anyway," Johnson said. "He dn't even stay for the awards ceremony cause he was so worried about it. Talk about a d who wants it. That's spectacular.
"I told him I want to Xerox (an X-ray) of his hip d put it up in my classroom."
The Tigers and Mount Zion each had 155 ints

ints.

"For some schools, going to state (is the goal). r some, doing well at state," Johnson said. "But s is everything (for us)."
For Big 12 champ Centennial, the relevance is into the former category. As expected, the

argers dusted the field, putting their top five long the 15 finishers. Third-place Dan Rolando (108) led the way for the Chargers, who raced thout an ill Joe Leach, their No. 3 runner at the 12 meet. That's where Centennial swept the