

# MAHOMET-SEYMOUR CROSS COUNTRY



PLACE	NAME	SCHOOL	TIME
1	Beach	Coach	13:00
2	Smith	Coach	17:59
3	Garrison	Coach	18:02
4	Andrew	Fresh	18:38
5	Clawson	Senior	18:52
6	Jeremy	Fresh	20:10
7	Doug	Fresh	20:57
8	Brad	Fresh	21:17
9	Alex	Soph	21:24
10	Phil	Senior	21:36
11	Chad	Senior	21:39
12	Sanders	Junior	21:41
13	Dustin	Junior	22:10
14	Anthony	Senior	22:46
15	Billy Goat	Soph	23:21
16	Kyle	Junior	24:11
17	Blake	Junior	24:31
18	Matt	Junior	24:36
19	Thomas, Cy	Fresh	24:44
20	Hersom, Dora #1	Teach	25:05
21	Hersom, Dora #2	Senior	25:10
22	Hersom, Mandy	Teach	25:54
23	Forshay	Senior	26:10
24	Hay's Girl	Teach	26:34
25	Hay's Girl	Teach	29:48
26	Monsin	Fresh	33:04
27	Light	Teach	41:12
28			
29			
30			
31			
32			
33			
34			
35			

**BOYS OR GIRLS**  
**DATE:** 9-21-04  
**CONDITIONS:**  
 Over Cast

## TEAM SCORES

Teachw/ Coaches	F/J	S/Senior
1	4	5
2	6	9
3	7	10
16	8	11
19	12	14
20	13	15
21	17	22

41      37      49  
 25  
 10  
 14  
 49

## TEAM SCORES


20  
 21  
 16  
 22  
 19  
 41

**Watch**

# **THE GREATEST RACE EVER**

**Today at approx. 4:15pm**

**It will be a 3 mile race between the teachers/coaches versus the student/athletes. The course is 1/3 of a mile directly North of the high school.**

**Featured Runners include, but not limited to:**

**MS Principal Williams: Former U of I Wrestling Star**  
**MS Wrestling Coach Hay: Former U of I Wrestling Star**  
**MS Wrestling Coach Hay's Lady Friend: Former U of I Track Star**  
**MS XC & Track Vol. Coach Gary Garrison: Former ISU Track Star**  
**MS XC Volunteer Coach Brandon Smith: Former Track State Qualifier**  
**MS XC Volunteer Coach Robert Beach: Former XC Sectional Qualifier**  
**MS XC Coach Seal: Former Train Engineer**  
**MS XC Coach Garrison: Former Volleyball Coach**  
**MS Teach Ms. Light: Former MSEA Union President**

**VERSUS the stars of the  
Mahomet-Seymour BOYS XC TEAM**



## Motivational

## Speaker

## SPORTS

## JEFF HUTH'S RUNNING INS

## The Starting Line

A 27-year-old was ahead of Jim Acklin, showing no sign of relinquishing the lead. A 29-year-old wasn't far behind, in increasingly hot pursuit.

Sandwiched in the middle — and with his own 47th birthday bearing down on him — Acklin's mind was racing as fast as his feet with a half-mile to go last Monday in the Kennekuk Road Runner's Memorial Day 5K at Danville.

"It went through my mind that third place might not be too bad," the veteran Ogden runner said.

It was a passing thought. After all, Acklin hadn't won 123 previous races in his adult career by happenstance. The same competitive drive he'd instilled in so many of his athletes during a long coaching career at St. Joseph-Ogden High was about to kick in.

"It's kind of a coaching instinct," Acklin said. "What would you tell the kids at that point? I remember thinking, if I could just pass him and see what happens."

The Shiloh schools superintendent did indeed overtake Frank Tarantino — a Tuscola graduate who'd once run against Acklin's Spartan teams. Then it was a matter of holding off Charleston's Jeff Kelly, a superb long-distance runner who placed 132nd in the last Boston Marathon.

Chalk another one up for the 40-something, who won by eight seconds ahead of runner-up Kelly.

"I would have been happy with the effort even if I hadn't won," Acklin said, "because I put myself in the position to win, which I preached to my kids a lot."

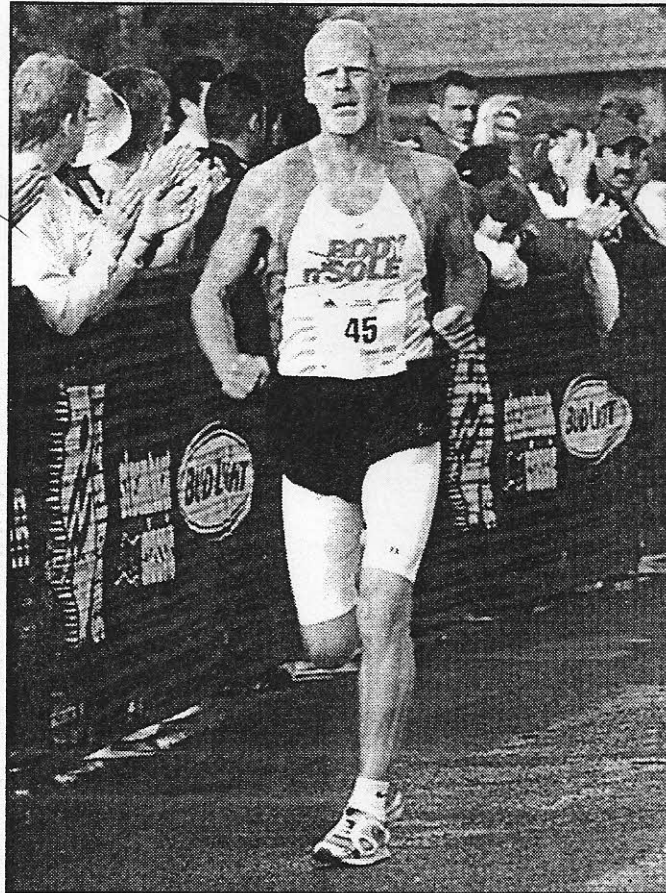
Acklin finished in 16 minutes, 48.3 seconds on a day when only four entrants broke 18 minutes. The victory was his second of the year — the former SJ-O coach won the Christie Clinic Run for the Health of It 5K in April — and his second in this event.

Others might disagree, but Acklin is keenly aware that such performances figure to be harder and harder to come by with each passing year.

"It's never easy," said Acklin, who'll turn 47 on June 12. "Realistically, I don't know how much longer I'm going to be able to win races outright. ... At some point, the race I win will be my last one, and I don't know when that's going to be."

Such thoughts are fed by injuries that don't heal as quickly as they once did. The night before he ran the Christie race, Acklin had one ice bag tending to an achy Achilles' tendon and another to an ouchy hamstring.

"My wife (Cindy) looked at me and



Jim Acklin is enjoying another successful running season. The Ogden runner followed up Monday's win at the Kennekuk Road Runner's Memorial Day 5K in Danville with a win at Saturday's Bement 5K.

Photo supplied

said I pretty much have no business running that race," he said. "I don't remember the last time I raced where something wasn't hurting a little bit."

His Achilles' is still a bit touchy, but it'll take more than that to keep Acklin — with his postman-like reliability — from his appointed training rounds. The guy hasn't missed his daily run even once since Sept. 5, 1988.

Acklin won't argue the point if you find that a bit obsessive. He just hopes you'll find his explanation a reasonable one.

"I'm probably having as much fun with running as I ever have," he said. "It's a lot of fun to beat kids half my age. I don't know how long I can keep doing it, but I savor the days."

## In The Spotlight

Gabriel Lopez-Walle  
Champaign

Talk about being on the fast track.

Lopez-Walle joined the Second Wind Running Club in mid-2002. Today, he is president of the Champaign-Urbana-based group.

Late last year, the Mexico City native was looking to become more involved in

the club, so he inquired about becoming a board member. Instead, he ended up being voted president, succeeding Chris Migotsky in January.

"Chris mentioned he was stepping down and they were searching for a new president," Lopez-Walle said. "I mentioned I might be willing to be a candidate."



LOPEZ-WALLE

When the 10-member board gave its unanimous approval, Lopez-Walle had a new title. He also had a surge of club-related messages to his e-mail address, which was fine with a guy who makes his living

as system and network manager at the Beckman Institute for Advanced Science and Technology in Urbana. One of his top priorities after becoming president was to improve communication among the club's 350-plus members. To that end, a message board has been established on the Second Wind Web site ([www.secondwindrunningclub.org](http://www.secondwindrunningclub.org)).

"With the help of the board, it has been possible to incorporate more technology into the club's activities," Lopez-