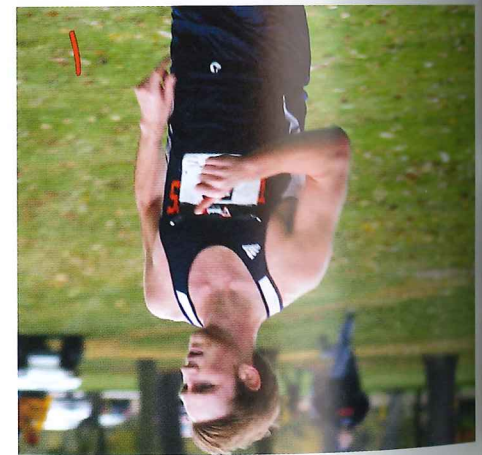
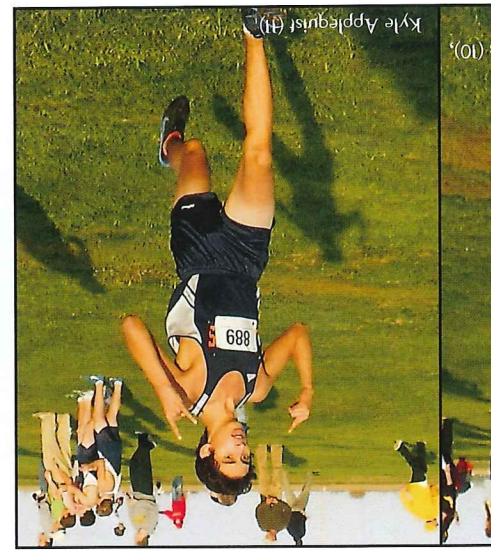
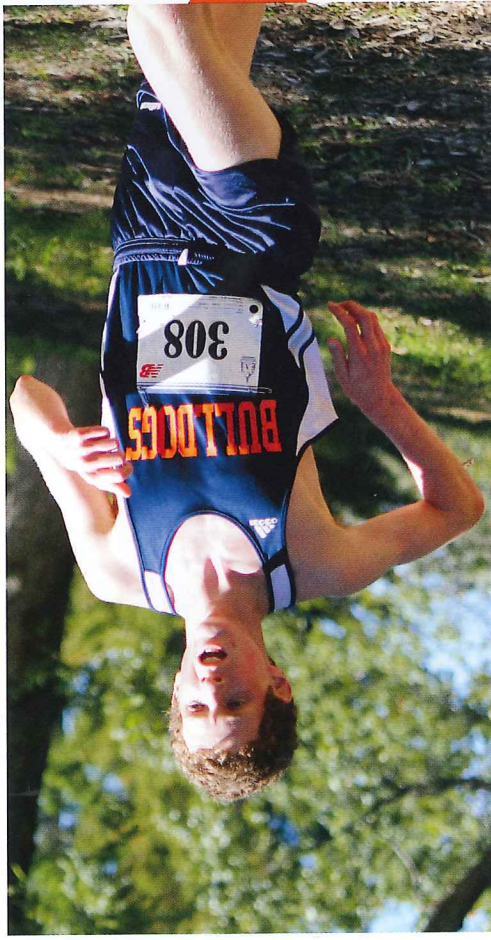


**In It To Win It**, Forrest Smoes (11) runs at the Regional Meet, in which he placed second. Smoes was viewed as a leader of the team, and when asked if he views himself as a leader, he said, "Yes. These are my people, I lead them. They hang on to my every word. I lead with an iron fist. I AM THEIR MASTER."

**Running From The End Of The World**, 2. Matthew Chupp (12) runs varsity during the Sectional Meet. His time for this race was 16 minutes and 33 seconds, averaging about 5 minutes and 44 seconds per mile.



**Russell Can Hustle!** Ethan Russell (11) at the Springfield Meet. He said that this was his favorite meet. The person who motivated Russell the most was his coach, Mr. Neal Garrison because, "He always came up with little ways to Metamora Invitational for the fist time ever. Russell accomplished his goal of breaking 16 minutes pre-season, and he thought that the hardest track was Springfield."



Maspo Mcanally (09), Christopher Williams (10), Jack Hyde (09)

Kyle Applegquist (11)

**Change Your Stride**

**Adrenaline Pumping** Jackson Powell (10) finished the course at the Springfield Invitational with a time averaging about 5:48 per mile. If he had to do a different sport, he would play soccer, because he played it freshman year.



**Freshman on the Rise** Alex Keeble (09) strides across the course in the One Team Race, Keeble would play football if there was no cross country, because "It is the only other sport that I think I'm good at!"

**Leading the Pack** James Williams (11) leads a pack of runners during the Sectional Meet. If Williams had to do a different sport, he would play soccer, because it requires more running.



**One Team** Bobby Butler (12), Pharey Vaki (11), William Wolf (10) and Jack Hyde (09) run together in the One Team meet at Lake of the Woods. In this meet, their whole team was divided into three separate teams, and each team raced against each other. If Wolf had to change sports, he would do soccer, because he and Jay Foy would have opened a huge can of Whoop A...!

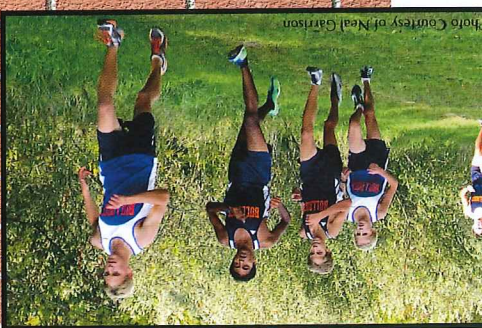


Photo Courtesy of Neal Garrison

Photo Courtesy of Neal Garrison

Photo Courtesy of Neal Garrison

varity: "With their determination and dedication, the team won two thirds of their meets. They won the Metamora Invitational, a meet they have never won before, and three other regular season meets. In the post-season, they won Regionals, and, for the first time since 1979, Sectionals. Runners Jonathan Schapp (12) and Forrest Smoes (11) were individual champions as well. Schapp won both the East Peoria Invitational and the Springfield Invitational. Smoes took the gold at the Conference Meet. Smoes reflected, "I felt very accomplished and it was rewarding to see some of my work pay off."

Senior Star, Jonathan Schapp (12) runs in the Sectional Meet. Schapp said that this season was his favorite season because the freshman really looked up to him. He helped the team by entertaining them and improving their morale.

While many students were vacationing and relaxing, the boys cross country team was running hundreds of miles in the summer heat. They were on a mission. Every runner had goals they wanted to achieve individually and as a team. Alex Keeble (09) completed his goal of running three miles under sixteen minutes, and to top that off, he ran varsity as a freshman. "Running varsity as a freshman was really stressful because high school varsity is a huge step up from junior high

Spread By Alyssa Brunner

# The Fast and Furious

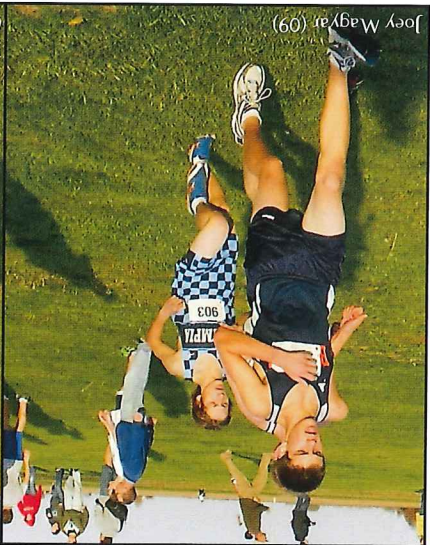


Team Picture: Row 1: James Williams, Dharyak Valik, Bobby Butler, Ethan Russell, Jackson Powell, Joseph Magyar, Kenny Fauley, Row 2: Trevor Hanton, Curtis Kupferschmid, Alex Keeble, Ryan Huff, Mason McAnally, William Wolf, Niko Housholder, Row 3: Coach Neal Garrison, Chris Carlton, Nathaniel Cebulski, Christopher Williams, Daniel Middendorf, John Williams, Jonathan Schapp, Kyle Appelquist, Forrest Smoes. Not pictured: Matthew Chupp.



| Meet              | Pl... | Team Score | Place |
|-------------------|-------|------------|-------|
| Charleston        | 37    | 1          |       |
| Springfield       | 34    | 1          |       |
| Peoria Notre Dame | 385   | 13         |       |
| East Peoria       | 49    | 1          |       |
| Metamora          | 62    | 1          |       |
| Conference        | 79    | 2          |       |
| Regional          | 31    | 1          |       |
| Sectional         | 72    | 1          |       |
| State             | 291   | 11         |       |

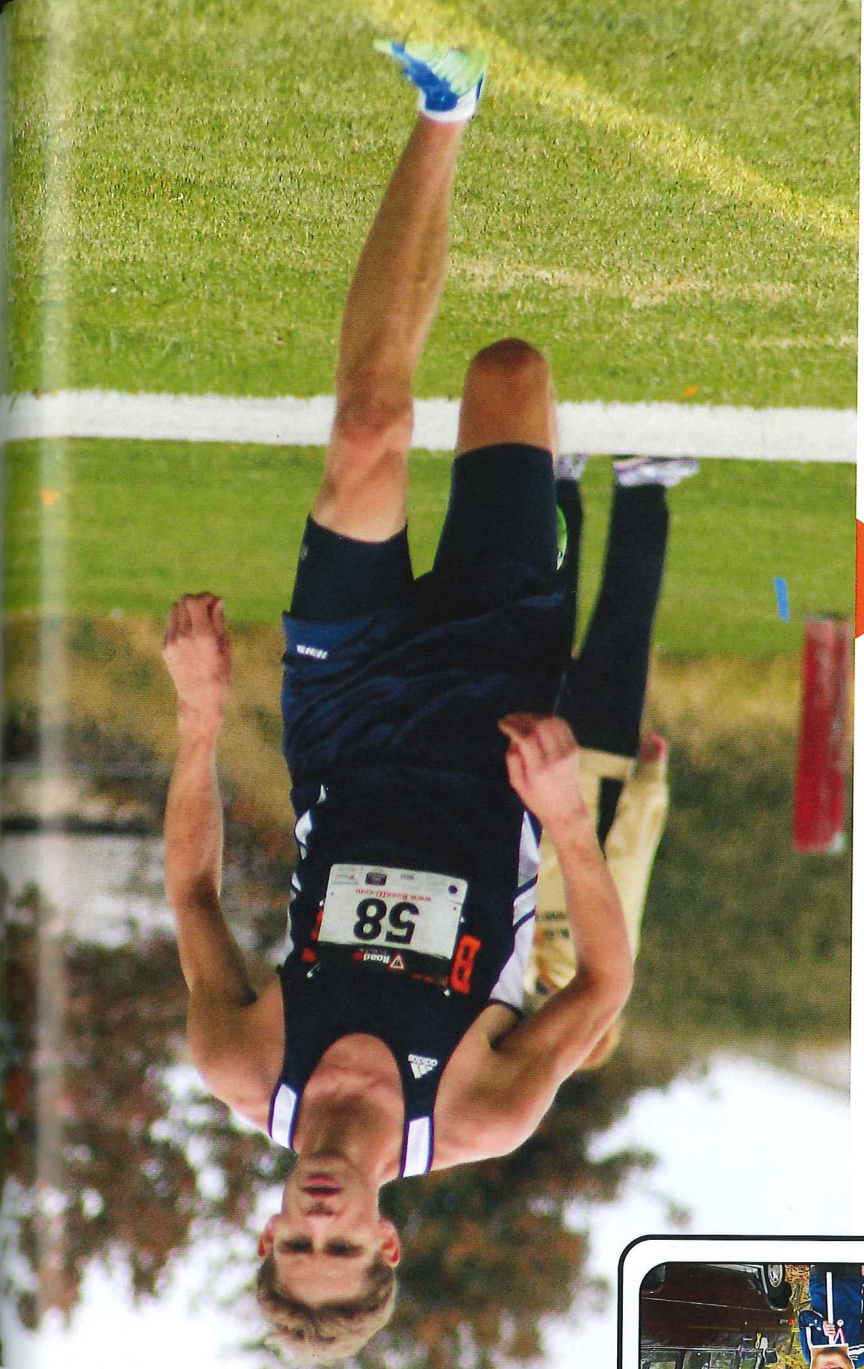
## Boys' Cross Country



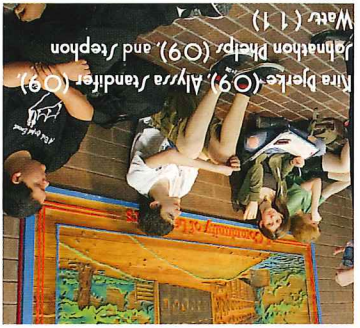
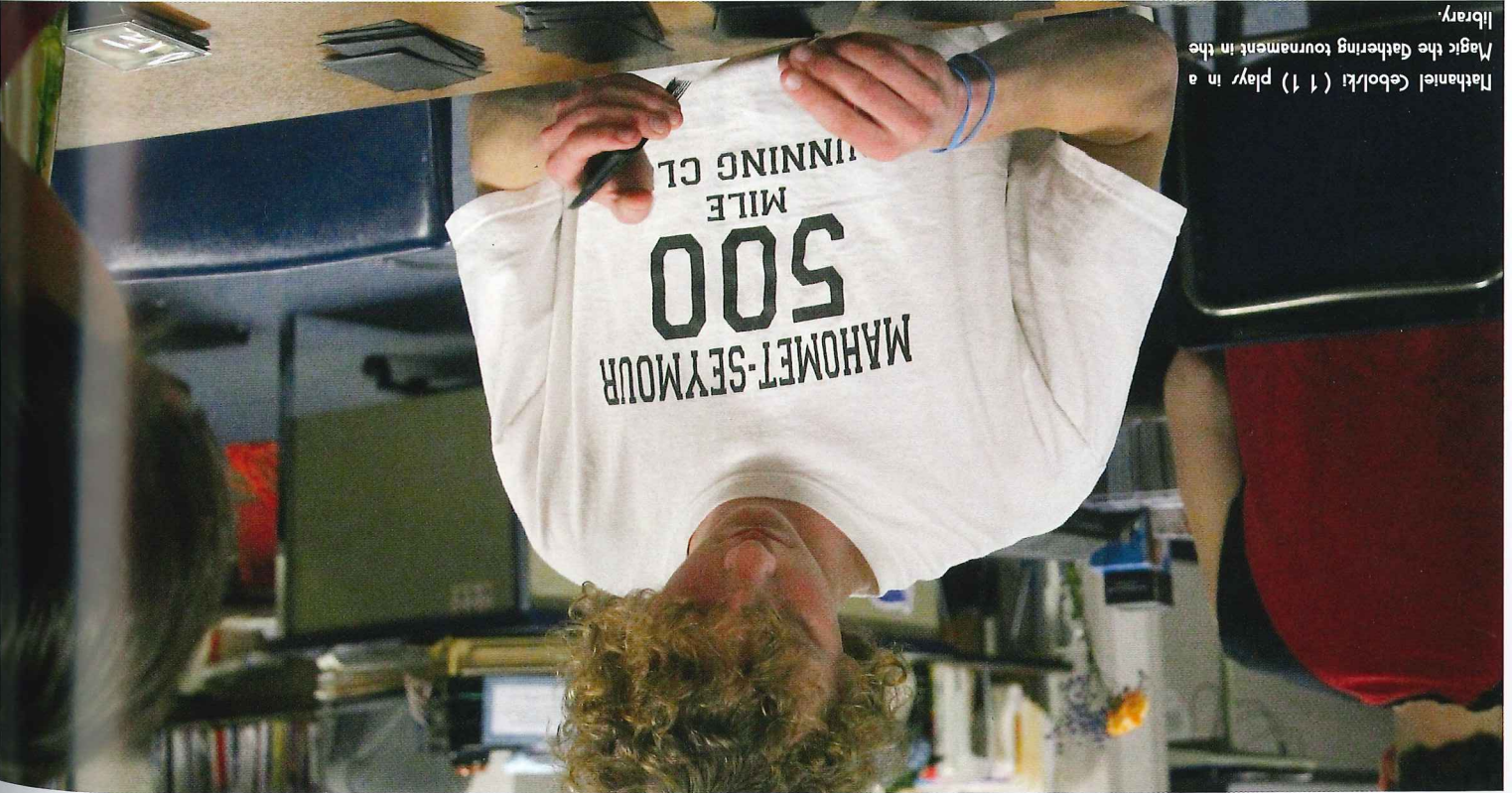
Joey Magyar (09)

(11)

Nathaniel Cebulski



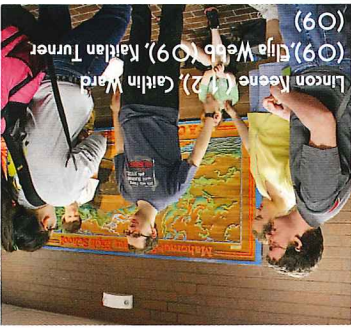
Nathaniel Gebolki (11) plays in a Magic the Gathering tournament in the library.



Kira Dyke (09), Alyssa Rendler (09), Jahathon Phelps (09), and Sephon Waitz (11)



Trey Faullin (10), Robert Wolf (10), Jay Klapper (10), and Ian Markusiu (10)



Lincoln Reene (12), Caitlin Ward (09), Cliza Webb (09), Kaitlan Turner (09)



Noah Hudson (11), Thomas Hat (10), Britany Lambright (10), Joshua Thoron (11)



Nick Dorset (12) and Leighton Shallenberger (12) have a Magic the Gathering battle, led by Mr. Gebolki.